



## Safer Schools Update

Schools with designated Safer Schools Police Officers will see them return in the new term. They will continue their support in line with current Covid-19 guidance.

The Youth Engagement Team have been updating their PSHE materials and look forward to delivering these over the upcoming academic year.



## Digital Mental Health Support - Kooth

**Kooth** is a digital mental health support service for young people aged 11 to 25 where they can access online support from a team of experienced counsellors. Access is free and there are a range of tools, such as activities and moderated chat forums that can be used to enhance young people's mental health and wellbeing.

Please share the below website with pupils in your school: <https://www.kooth.com/>

# Safer Schools Newsletter

### Secondary Edition

### Autumn 2020

Hi everyone, this is the first newsletter for the academic year 2020 – 2021. We hope you've all managed to make the most of your summer holidays. It's good to be back!

If you have any comments or questions about the newsletter, please email [sspteam@norfolk.pnn.police.uk](mailto:sspteam@norfolk.pnn.police.uk)  
Norfolk Constabulary Safer Schools Team



**Just One Norfolk** have created some useful resources for families with children returning to school. Click the link [here](#). Please share this website with parents of children in your school.

**Norfolk County Council** also have their 'Back to School' page which contains information for parents. Click the link [here](#). Please share this website with parents of children in your school.

## TRENDING NOW...

**St Giles Trust** are running Zoom webinars for parents. Please share this with parents of children in your school. Double click the icon for more info.



SOS+ Webinar Info.pdf

During lockdown, the Constabulary's **Youth Engagement Team** made a number of YouTube videos with various themes, from 'stop and search' to 'internet safety' and everything in between! Find them [here](#) and use them as you see fit with your students.

## SOCIALS



Stay up to date with Norfolk Safer Schools by following us on Twitter: @SaferSchoolsNfk

You can also follow the National Police Instagram for young people: Yourpolice.uk

### Online Safety

Your students will have undoubtedly spent a lot more time on the internet during lockdown. The 'Think U Know' website has a lot of valuable resources available to professionals for delivery in schools. Not only that but there is also a reporting tool should you have concerns about a child's safety online.

Go to <https://www.thinkuknow.co.uk/> and click on 'Children's Workforce'.

Remember safeguarding young people is all our responsibilities #SaferSchools

Norfolk Police – Non-emergency 101 / Emergency 999



**NORFOLK**  
CONSTABULARY  
Our Priority is You